

PLEASE BRING THIS QUESTIONNAIRE WITH YOU FOR YOUR INITIAL VISIT

LARRY Z. LOCKERMAN, D.D.S.

Locations: *UMass Medical Center, Memorial Campus,
Clinical Office Suites, Worcester, MA
*Headache Center, 85 Prescott St. Worcester, MA
*Sleep HealthCenter, 1505 Comm. Ave. Brighton, MA
*1175 Main St. East Hartford, CT

Your appointment has been made
at one of these locations.

www.TMJ~~DENTIST~~.com

PHONE (800)259-0952 FAX (860)528-4477

INSTRUCTIONS:

This questionnaire will help us understand your unique situation and should be completed before your first appointment. We know that this form is long and will take time but please read and answer every question carefully and sign the last pages pertaining to you. Please answer these questions by yourself.

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: (____) _____ Work phone: (____) _____

Cell Phone (____) _____ E Mail: _____

Occupation: _____ Firm name and address: _____

Sex: Male Female. Birthdate: _____ Age: ____ Height: ____ Weight: ____

Social Security Number: _____

Driver license State: _____ # _____

Weight: _____ lbs. Race: White, Black, Hispanic, Asian, Other _____

Marital Status: Single, Married, Divorced,
 Remarried, Separated, Widowed

Number of children: _____ Age of children: _____

Spouse's name: _____ Occupation: _____

PLACE OF EMPLOYMENT _____

Who referred you to us? _____ Relationship? _____

Doctor: _____ Phone: (____) _____

Address: _____ City _____

Insurance Medical : _____ Subscriber name: _____
Insurance ID# _____ Date of Birth: _____
Address for mailing Claims: _____ Place Of _____
Employment: _____

City, State: _____

Who is responsible for this account? Self, Other: _____

History

When did you first notice the symptoms that you listed on the last page? _____

What do you think cause the onset of this condition?

- Auto Accident
- Accident at home
- Accident at work
- Medical treatment
- Following surgery
- Following illness
- Stressful situation
- Pain "just began"
- Dental Treatment
- Other: _____

How fast did the condition arise? Over months Over weeks
 Over days In one day.

How has the condition changed since it began?
 Increased Decreased Stayed the same

Since your condition began, which of the following people have you consulted for treatment? Indicate year and amount of relief:

| | Year | Major Relief | Some Relief | No Change | Felt Worse | Name of doctor or health care provider |
|----------------------|-------|--------------|-------------|-----------|------------|--|
| Acupuncturist | _____ | _____ | _____ | _____ | _____ | _____ |
| Allergist | _____ | _____ | _____ | _____ | _____ | _____ |
| Chiropractor | _____ | _____ | _____ | _____ | _____ | _____ |
| Dentist | _____ | _____ | _____ | _____ | _____ | _____ |
| Ear, Nose & Throat . | _____ | _____ | _____ | _____ | _____ | _____ |
| Endocrinologist | _____ | _____ | _____ | _____ | _____ | _____ |
| General Practitioner | _____ | _____ | _____ | _____ | _____ | _____ |
| Gynecologist /OB ... | _____ | _____ | _____ | _____ | _____ | _____ |
| Internist | _____ | _____ | _____ | _____ | _____ | _____ |
| Neurologist | _____ | _____ | _____ | _____ | _____ | _____ |
| Nutritionist | _____ | _____ | _____ | _____ | _____ | _____ |
| Ophthalmologist | _____ | _____ | _____ | _____ | _____ | _____ |
| Oral Surgeon | _____ | _____ | _____ | _____ | _____ | _____ |
| Orthodontist | _____ | _____ | _____ | _____ | _____ | _____ |
| Osteopath | _____ | _____ | _____ | _____ | _____ | _____ |
| Physical therapist . | _____ | _____ | _____ | _____ | _____ | _____ |
| Psychologist | _____ | _____ | _____ | _____ | _____ | _____ |
| Psychiatrist | _____ | _____ | _____ | _____ | _____ | _____ |
| Surgeon (general) .. | _____ | _____ | _____ | _____ | _____ | _____ |
| Other- .. | _____ | _____ | _____ | _____ | _____ | _____ |

Please list any additional specialists and years seen: _____

WHAT MAKES YOUR SYMPTOMS WORSE?

- A. _____
- B. _____
- C. _____
- D. _____

WHAT KIND OF THINGS MAKE YOUR SYMPTOMS BETTER?

- A. _____
- B. _____
- C. _____
- D. _____

HOW OFTEN DO YOUR SYMPTOMS OCCUR?

- | | |
|--|---|
| <input type="checkbox"/> CONTINUOUSLY | <input type="checkbox"/> SEVERAL TIMES A DAY |
| <input type="checkbox"/> ONCE A DAY | <input type="checkbox"/> SEVERAL TIMES A WEEK |
| <input type="checkbox"/> SEVERAL TIMES A MONTH | <input type="checkbox"/> DURING SLEEP |
| <input type="checkbox"/> LESS FREQUENT THAN ONCE A MONTH | |

WHEN YOUR SYMPTOMS OCCUR, HOW LONG DO THEY LAST?

- | | |
|---------------------------------------|--|
| <input type="checkbox"/> CONTINUOUSLY | <input type="checkbox"/> FOR WEEKS |
| <input type="checkbox"/> FOR DAYS | <input type="checkbox"/> FOR HOURS |
| <input type="checkbox"/> FOR HOURS | <input type="checkbox"/> FOR MINUTES |
| <input type="checkbox"/> FOR SECONDS | <input type="checkbox"/> VARIABLE: _____ |

WHEN ARE YOUR SYMPTOMS WORSE?

- | | |
|---|-----------------------------------|
| <input type="checkbox"/> UPON ARISING | <input type="checkbox"/> MORNING |
| <input type="checkbox"/> AFTERNOON | <input type="checkbox"/> EVENINGS |
| <input type="checkbox"/> AWAKENS YOU FROM SLEEP | |

HAS ANYONE IN YOUR FAMILY A SIMILAR CONDITION? YES NO

RELATIONSHIP: _____

NAME OF YOUR PRIMARY CARE PHYSICIAN

(If you do not have a primary care the doctor most familiar with you condition):

Name and address: _____

_____ Phone # (_____) _____

NAME AND ADDRESS OF YOUR GENERAL DENTIST

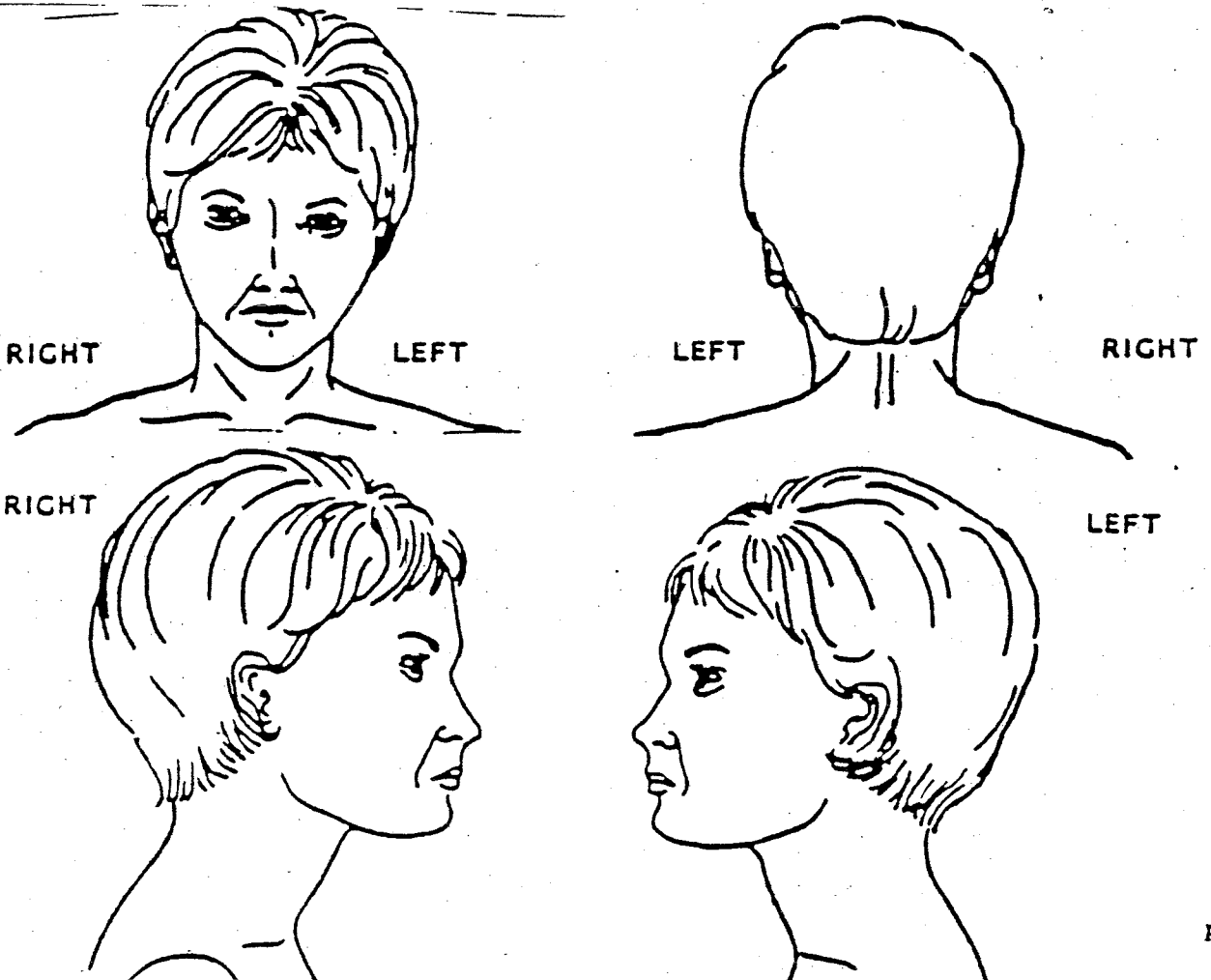
NAME AND ADDRESS: _____

_____ Phone # (_____) _____

OTHER DENTISTS THAT YOU HAVE SEEN FOR THIS CONDITION:

NAME, ADDRESS, and SPECIALTY _____

1. Mark the areas where you have pain by shading in the areas with pencil.
2. Mark the exact spot(s) where the pain begins with a solid dot.
3. Indicate any areas of numbness (loss of feeling) with the following // // //.
4. Draw a line from where the pain begins and to the area it will spread.



The Epworth Sleepiness Scale

HOW LIKELY IS IT THAT YOU WOULD DOZE OR FALL ASLEEP DURING THE
FOLLOWING ACTIVITIES
(PLEASE CIRCLE THE APPROPRIATE NUMBER)

A. SITTING AND READING

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

B. WATCHING TV?

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

C. SITTING INACTIVE IN A PUBLIC
PLACE SUCH AS A THEATER OR
AT A MEETING?

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

D. AS A PASSANGER IN A CAR FOR
AN HOUR?

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

E. LYING DOWN TO REST IN THE
AFTERNOON?

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

F. SITTING AND TALKING TO
SOMEONE?

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

G. SITTING QUIETLY AFTER
LUNCH (WITHOUT ALCHOL)?

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

H. IN A CAR WHILE STOPPED FOR
A FEW MINUTES IN TRAFFIC?

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

IN THE FOLLOWING QUESTIONS PLEASE CIRCLE YES OR NO,

Constitutional Systems

Fever Y N
 Chills Y N
 Headache Y N
 Weight change Y N

Ear/Nose and Throat

Hearing loss Y N
 Stuffy/ Runny Nose Y N
 Sinus infection Y N
 Allergy/ Hay Fever Y N

Neurological

Stroke Y N
 Seizure Y N
 Head Injury Y N
 Memory loss Y N

Respiratory

Chronic Cough Y N
 Shortness of Breath Y N
 Wheezing Y N

Gastrointestinal

Abdominal Pain Y N
 Nausea/ vomiting Y N
 Heartburn Y N

Psychiatric

Depression Y N
 Anxiety Y N
 Panic attacks Y N

Cardiovascular

Chest Pain Y N
 Palpitations Y N
 Fainting Spells Y N

Endocrine

Diabetes Y N
 Thyroid problem Y N
 Hormone treatment Y N

Genitourinary

Increase night urination Y N
 Hot flashes Y N

Eyes

Glaucoma Y N
 Dry Eyes Y N

Do you have any blood disorders such as anemia?-----yes--no
 Have you had any surgery, X-rays or drug treatment for your head and neck area?--yes--no
 Are you taking any drug or medicine?-----yes--no

PLEASE LIST ANY MEDICATION YOU ARE TAKING:

NAME DOSE # TAKEN

1. _____
2. _____
3. _____
4. _____
5. _____

PLEASE LIST ANY OTHER DRUGS YOU HAVE USED IN THE PAST FIVE YEARS FOR YOUR SYMPTOMS:

1. _____ 3. _____
2. _____ 4. _____

6. Have you had any serious illness or operations? -----yes---no
7. If so what was the problem? _____
8. Do you have any of the following problems or diseases?
 - a. Damaged heart valves or artificial heart valves including heart murmur-yes--no
 - b. congenital heart problems -----yes--no
 - c. cardiovascular disease (heart trouble, attack, artery blockage, high blood pressure, arteriosclerosis, stroke -----yes--no

13. Please name any other medications not listed on the last page: (please list name and dose)

- a. Antibiotics or sulfa drugs: _____ g. Aspirin: _____
- b. Anticoagulants (blood thinners) _____ h. Insulin, tolbutamide or similar _____
- c. High blood pressure medicine _____ i. Cortisone (steroids) _____
- d. Digitalis or heart trouble meds _____ j. Nitroglycerine _____
- e. Tranquilizers: _____ k. Oral Contraceptives _____
- f. Antihistamines: _____ l. Other _____

14. Are you **allergic** or have you reacted adversely to:

- a. Local anesthetics (Novocain or others)--yes--no e. Penicillin or other antibiotics--yes--no
- b. Sulfa drugs-----yes--no f. Barbiturates or sedatives-----yes--no
- c. Sleeping pills-----yes--no g. Aspirin, or Motrin-----yes--no
- d. iodine-----yes--no h. Codeine or other narcotics-----yes--no

Others not listed _____
15. Have you had any serious trouble associated with any dental treatments? _____

18 Are you wearing any removable dental appliances or dentures?-----yes--no

WOMEN

- 19. Are you pregnant?-----yes--no
- 20. Are you nursing?-----yes--no

- - - - -

DO YOU HAVE?

| | YES | NO |
|--|-------|-------|
| Swollen, stiff or painful joints | _____ | _____ |
| Generalized aches and pains | _____ | _____ |
| Multiple tender spots | _____ | _____ |
| Numbness In hands, fingers, or scalp | _____ | _____ |
| Cold hands or feet | _____ | _____ |
| Frequent muscle soreness | _____ | _____ |
| Tiredness and constant fatigue | _____ | _____ |
| Leg cramps at night or when walking | _____ | _____ |
| Nails that break easily | _____ | _____ |
| Dry skin | _____ | _____ |
| Intolerance to cold weather | _____ | _____ |
| Constipation | _____ | _____ |

DO YOU:

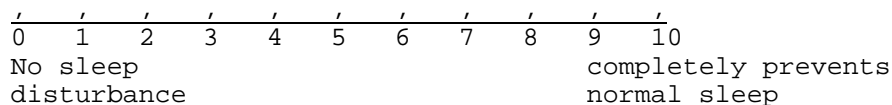
| | YES | NO |
|--|-------|-------|
| Have a stressful situation at work? | _____ | _____ |
| Have a stressful situation at home? | _____ | _____ |
| Have a decreased appetite? | _____ | _____ |
| Feel low in energy or slowed down? | _____ | _____ |
| Consider yourself to be a perfectionist? | _____ | _____ |
| Feel little interest in doing things? | _____ | _____ |
| Feel lonely even with people? | _____ | _____ |
| Feel hopeless about the future? | _____ | _____ |
| Have a decreased desire for social activities? | _____ | _____ |
| Have a loss of sexual interest or pleasure? | _____ | _____ |
| See or have ever seen a Psychiatrist, Psychologist, or social worker? | _____ | _____ |
| If yes, please explain: _____ | | |

SLEEPING HABITS:

DO YOU:

| | YES | NO |
|---|-------|-------|
| Have a morning headache? | _____ | _____ |
| Sleep well at night? | _____ | _____ |
| Have trouble falling asleep? | _____ | _____ |
| Take medication/alcohol to fall asleep? | _____ | _____ |
| Wake up during the night? | _____ | _____ |
| Snore while sleeping? | _____ | _____ |
| | YES | NO |
| Mouth breath while sleeping? | _____ | _____ |
| Gasp for air in you sleep? | _____ | _____ |
| Clench your teeth at night? | _____ | _____ |
| Thrash you legs in your sleep? | _____ | _____ |
| Feel exhausted upon arising ? | _____ | _____ |
| Wake up too early in the morning? | _____ | _____ |
| Have stiff muscles in the morning? | _____ | _____ |
| | YES | NO |
| Feel rested upon arising? | _____ | _____ |
| Have difficulty staying awake during the day? | _____ | _____ |
| Read or watch TV in bed? | _____ | _____ |
| Use two pillows? | _____ | _____ |
| Sleep on your stomach? | _____ | _____ |

PLEASE NOTE HOW MUCH YOU "CHIEF COMPLAINT" DISTURBS YOUR SLEEP BY CIRCLING THE NUMBER ON THE DIAGRAM:



LIFESTYLE:

Please answer each question with one mark on the line. What is your usual level?

| | | | | | |
|------------------------|-----------------------|------------------------------|--------------------------|---------------------------|----------------------|
| Activity | _____ | | | | |
| | Lie in bed all day | Rest half the day | Rest few times a day | Active all day | |
| Exercise | _____ | | | | |
| | None | very little | work around the house | moderate | regular |
| Social activity | _____ | | | | |
| | None | Very little | Moderate | Very active | |
| Eating | _____ | | | | |
| | Do not eat | Poor appetite eat lightly | Mostly snack | Eat well | |
| Caffeine Beverages | _____ | | | | |
| | None | 1-2 daily | 3-4 daily | Over 6 daily | Not aware |
| Take vitamins | _____ | | | | |
| | None | Occasionally | Daily | Use megadoses | |
| Alcoholic beverages | _____ | | | | |
| | None | On occasion | 1-2 daily | 3-4 daily | More than 4 daily |
| Smoke tobacco | _____ | | | | |
| | None | on occasion | Less than 1 pack/day | More than 1 pack/day | |
| Recreational drugs | _____ | | | | |
| | None | On occasion | once per day | More than once per day | |

IF YOU ARE TREATED FOR YOUR PROBLEM, WHAT ARE YOUR EXPECTATIONS REGARDING THE OUTCOME OF TREATMENT:

CONSENT FOR USE AND DISCLOSURE OF HEALTH INFORMATION

Purpose of Consent: By signing this form, you will consent to our use and disclosure of your protected health information to carry out treatment, payment activities, and healthcare operations.

**CONSENT FOR TREATMENT & TO RELEASE MEDICAL INFORMATION
& AUTHORIZATION FOR INSURANCE CLAIMS CONSENT FOR TREATMENT**

- 1. I hereby and voluntary consent to such procedures, including diagnostic and treatment, as may be deemed necessary by Dr. Lockerman and his associates.
- 2. I acknowledge that no guarantees have been made to me as a result that may be obtained.
- 3. I understand that I have the right to question, discuss or refuse any or all tests and/or treatment.
- 4. This form has been explained to me and I understand its contents.

CONSENT TO RELEASE MEDICAL/DENTAL INFORMATION AND AUTHORIZATION TO PAY INSURANCE BENEFITS

- 1. I authorize the release of any medical information necessary to process my insurance claims and necessary information for billing statements.
- 2. I authorize the release of my name to identify work sent to medical and dental laboratories.
- 3. I authorize and request payment directly to Dr. Larry Lockerman, of medical/dental benefits otherwise payable to me. They will not exceed Dr. Lockerman's regular charges.
- 4. I understand that I am financially responsible to Dr. Lockerman for any deductible, co-insurance or non-covered services.
- 5. I agree this authorization will cover all medical/dental services rendered until such authorization is revoked by me by written notification.
- 6. I authorize the use of the contents of my records for educational purposes or for research activities provided that my identity is *not* revealed in conducting the study.
- 7. *I authorize an appointment conformation message being left on my answering machine or at my phone number*
- 8. I agree that a photocopy of this form may be used in lieu of the original.

Notice of Privacy Practices: You have the right to read our Notice of Privacy Practices before you decide whether to sign this Consent. Our Notice provides a description of our treatment, payment activities, and healthcare operations, of the uses and disclosures we may make of your protected health information, and of other important matters about your protected health information. A copy of our full notice is available at our office.

We reserve the right to change our privacy practices as described in our Notice of Privacy Practices. If we change our privacy practices, we will issue a revised Notice of Privacy Practices, which will contain the changes. Those changes may apply to any of your protected health information that we maintain.

Right to Revoke: You will have the right to revoke this Consent at any time by giving us written notice of your revocation submitted to the Contact Person listed above. Please understand that revocation of this Consent will *not* affect any action we took in reliance on this Consent before we received your revocation, and that we may decline to treat you or to continue treating you if you revoke this Consent.

I have had full opportunity to read and consider the contents of this Consent form and your Notice of Privacy Practices. I understand that, by signing this Consent form, I am giving my consent to your use and disclosure of my protected health information to carry out treatment, payment activities and heath care operations.

Signature: _____ Date: _____

If this Consent is signed by a personal representative on behalf of the patient, complete the following:

Personal Representative's Name: _____ Relationship to Patient: _____

COMPLETE THIS SECTION ONLY IF YOU SYMPTOMS ARE ACCIDENT or WORK RELATED

ACCIDENTAL INJURY QUESTIONNAIRE

Name: _____

Injury was the result of: Motor vehicle Accident
 Occupational injury/workers comp.
 Accidental injury

Date of accident: _____

How did the accident occur? _____

Describe your injuries: _____

When did the symptoms first appear? _____

Have you ever had these symptoms before? _____ If yes when? _____

Were you hospitalized as a result of the accident? _____ If yes

Hospital name: _____ City/Town: _____

Date Admitted: _____ Date discharged: _____

Were you treated in the Emergency Room? _____ If yes, describe treatment: _____

Have you been disabled (unable to work) because of these injuries? _____. if yes, date disability began: _____. Date returned to work: _____.

List any job activity which you can not perform due to you present conditon: _____

YOUR ATTORNEY'S NAME AND ADDRESS

NAME: _____ PHONE (_____) _____

ADDRESS: _____

CITY: _____ ZIP: _____

Motor vehicle or worker's compensation insurance information:

Carrier: _____ Policy # _____ Claim# _____

Claim examiner or contact person: _____