

**PLEASE BRING THIS QUESTIONNAIRE WITH YOU FOR YOUR INITIAL VISIT**

**LARRY Z. LOCKERMAN, D.D.S.**

Locations: \*UMass Medical Center, Memorial Campus,  
Clinical Office Suites, Worcester, MA  
\*Headache Center, 85 Prescott St. Worcester, MA  
\*Sleep HealthCenter, 1505 Comm. Ave. Brighton, MA  
\*1175 Main St. East Hartford, CT

Your appointment has been made  
at one of these locations.

www.TMJ~~DENTIST~~.com

**PHONE (800)259-0952** FAX (860)528-4477

**INSTRUCTIONS:**

This questionnaire will help us understand your unique situation and should be completed before your first appointment. We know that this form is long and will take time but please read and answer every question carefully and sign the last pages pertaining to you. Please answer these questions by yourself.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ Work phone: (\_\_\_\_) \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_ E Mail: \_\_\_\_\_

Occupation: \_\_\_\_\_ Firm name and address: \_\_\_\_\_

Sex: ( ) Male ( ) Female. Birthdate: \_\_\_\_\_ Age: \_\_\_\_ Height: \_\_\_\_ Weight: \_\_\_\_

Social Security Number: \_\_\_\_\_

Driver license State: \_\_\_\_\_ # \_\_\_\_\_

Weight: \_\_\_\_\_ lbs. Race: ( ) White, ( ) Black, ( ) Hispanic, ( ) Asian, ( ) Other \_\_\_\_\_

Marital Status: ( ) Single, ( ) Married, ( ) Divorced,  
( ) Remarried, ( ) Separated, ( ) Widowed

Number of children: \_\_\_\_\_ Age of children: \_\_\_\_\_

Spouse's name: \_\_\_\_\_ Occupation: \_\_\_\_\_

PLACE OF EMPLOYMENT \_\_\_\_\_

Who referred you to us? \_\_\_\_\_ Relationship? \_\_\_\_\_

( ) Doctor: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_

Insurance Medical : \_\_\_\_\_ Subscriber name: \_\_\_\_\_  
Insurance ID# \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address for mailing Claims: \_\_\_\_\_ Place Of \_\_\_\_\_  
Employment: \_\_\_\_\_

City, State: \_\_\_\_\_

Who is responsible for this account? ( ) Self, ( ) Other: \_\_\_\_\_



History

When did you first notice the symptoms that you listed on the last page?\_\_\_\_\_

What do you think cause the onset of this condition?

- Auto Accident
- Accident at home
- Accident at work
- Medical treatment
- Following surgery
- Following illness
- Stressful situation
- Pain "just began"
- Dental Treatment
- Other:\_\_\_\_\_

How fast did the condition arise?  Over months  Over weeks  Over days  In one day.

How has the condition changed since it began?  Increased  Decreased  Stayed the same

Since your condition began, which of the following people have you consulted for treatment? Indicate year and amount of relief:

	Year	Major Relief	Some Relief	No Change	Felt Worse	Name of doctor or health care provider
Acupuncturist .....	_____	_____	_____	_____	_____	_____
Allergist .....	_____	_____	_____	_____	_____	_____
Chiropractor .....	_____	_____	_____	_____	_____	_____
Dentist .....	_____	_____	_____	_____	_____	_____
Ear, Nose & Throat .	_____	_____	_____	_____	_____	_____
Endocrinologist ....	_____	_____	_____	_____	_____	_____
General Practitioner	_____	_____	_____	_____	_____	_____
Gynecologist /OB ...	_____	_____	_____	_____	_____	_____
Internist .....	_____	_____	_____	_____	_____	_____
Neurologist .....	_____	_____	_____	_____	_____	_____
Nutritionist .....	_____	_____	_____	_____	_____	_____
Ophthalmologist ....	_____	_____	_____	_____	_____	_____
Oral Surgeon .....	_____	_____	_____	_____	_____	_____
Orthodontist .....	_____	_____	_____	_____	_____	_____
Osteopath .....	_____	_____	_____	_____	_____	_____
Physical therapist .	_____	_____	_____	_____	_____	_____
Psychologist .....	_____	_____	_____	_____	_____	_____
Psychiatrist .....	_____	_____	_____	_____	_____	_____
Surgeon (general) ..	_____	_____	_____	_____	_____	_____
Other- ..	_____	_____	_____	_____	_____	_____

Please list any additional specialists and years seen:\_\_\_\_\_

WHAT MAKES YOUR SYMPTOMS WORSE?

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_

WHAT KIND OF THINGS MAKE YOUR SYMPTOMS BETTER?

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_

HOW OFTEN DO YOUR SYMPTOMS OCCUR?

- |  |   |
|--|---|
| <input type="checkbox"/> CONTINUOUSLY                    | <input type="checkbox"/> SEVERAL TIMES A DAY  |
| <input type="checkbox"/> ONCE A DAY                      | <input type="checkbox"/> SEVERAL TIMES A WEEK |
| <input type="checkbox"/> SEVERAL TIMES A MONTH           | <input type="checkbox"/> DURING SLEEP         |
| <input type="checkbox"/> LESS FREQUENT THAN ONCE A MONTH |   |

WHEN YOUR SYMPTOMS OCCUR, HOW LONG DO THEY LAST?

- |                                       |  |
|---------------------------------------|--|
| <input type="checkbox"/> CONTINUOUSLY | <input type="checkbox"/> FOR WEEKS       |
| <input type="checkbox"/> FOR DAYS     | <input type="checkbox"/> FOR HOURS       |
| <input type="checkbox"/> FOR HOURS    | <input type="checkbox"/> FOR MINUTES     |
| <input type="checkbox"/> FOR SECONDS  | <input type="checkbox"/> VARIABLE: _____ |

WHEN ARE YOUR SYMPTOMS WORSE?

- |   |                                   |
|---|-----------------------------------|
| <input type="checkbox"/> UPON ARISING           | <input type="checkbox"/> MORNING  |
| <input type="checkbox"/> AFTERNOON              | <input type="checkbox"/> EVENINGS |
| <input type="checkbox"/> AWAKENS YOU FROM SLEEP |                                   |

HAS ANYONE IN YOUR FAMILY A SIMILAR CONDITION?  YES  NO

RELATIONSHIP: \_\_\_\_\_

NAME OF YOUR PRIMARY CARE PHYSICIAN

(If you do not have a primary care the doctor most familiar with you condition):

Name and address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ Phone # ( \_\_\_\_\_ ) \_\_\_\_\_

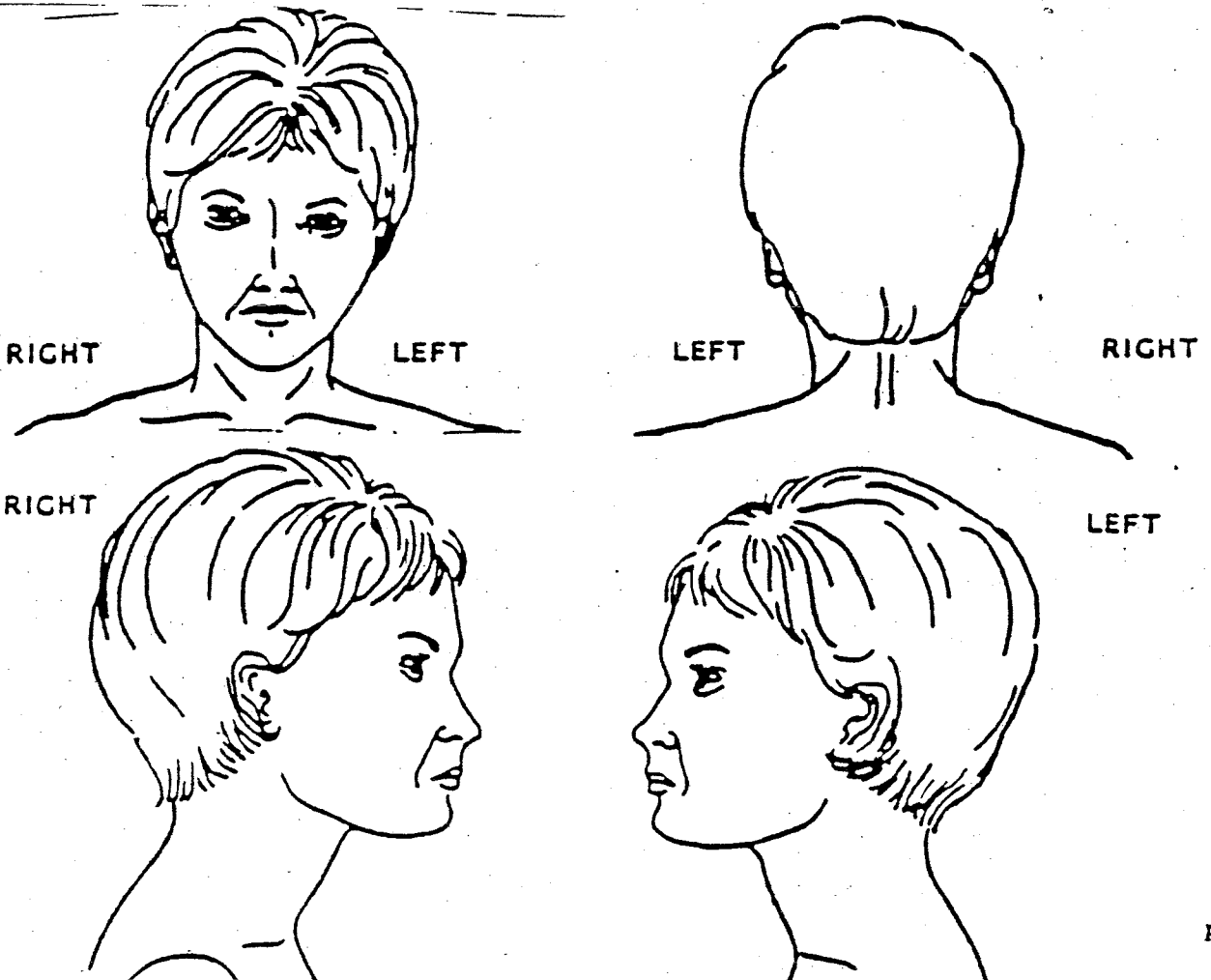
NAME AND ADDRESS OF YOUR GENERAL DENTIST

NAME AND ADDRESS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ Phone # ( \_\_\_\_\_ ) \_\_\_\_\_

OTHER DENTISTS THAT YOU HAVE SEEN FOR THIS CONDITION:

NAME, ADDRESS, and SPECIALTY \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

1. Mark the areas where you have pain by shading in the areas with pencil.
2. Mark the exact spot(s) where the pain begins with a solid dot.
3. Indicate any areas of numbness (loss of feeling) with the following // // // //.
4. Draw a line from where the pain begins and to the area it will spread.



## The Epworth Sleepiness Scale

HOW LIKELY IS IT THAT YOU WOULD DOZE OR FALL ASLEEP DURING THE FOLLOWING ACTIVITIES  
(PLEASE CIRCLE THE APPROPRIATE NUMBER)

A. SITTING AND READING

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

B. WATCHING TV?

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

C. SITTING INACTIVE IN A PUBLIC PLACE SUCH AS A THEATER OR AT A MEETING?

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

D. AS A PASSANGER IN A CAR FOR AN HOUR?

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

E. LYING DOWN TO REST IN THE AFTERNOON?

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

F. SITTING AND TALKING TO SOMEONE?

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

G. SITTING QUIETLY AFTER LUNCH (WITHOUT ALCHOL)?

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

H. IN A CAR WHILE STOPPED FOR A FEW MINUTES IN TRAFFIC?

0. NO CHANCE
1. SLIGHT CHANCE
2. MODERATE CHANCE
3. HIGH CHANCE

WHICH GROUP OF WORDS BESTS DESCRIBES THE PATTERN OF YOUR PAIN?

- CONTINUOUS, STEADY, CONSTANT
- RHYTHMIC, PERIODIC, INTERMITTENT
- BRIEF, MOMENTARY, TRANSIENT

PLACE A SLASH ALONG THE LINE TO INDICATE THE ANSWER:

EXAMPLE: \_\_\_\_\_ / \_\_\_\_\_  
 NO PAIN / MOST PAIN  
 IMAGINABLE

How intense is your \_\_\_\_\_  
 CURRENT level of pain? NO PAIN MOST PAIN  
 IMAGINABLE

How intense is your \_\_\_\_\_  
 USUAL level of pain? NO PAIN MOST PAIN  
 IMAGINABLE

How intense is your \_\_\_\_\_  
 HIGHEST level of pain? NO PAIN MOST PAIN  
 IMAGINABLE

How intense is your \_\_\_\_\_  
 LOWEST level of pain? NO PAIN MOST PAIN  
 IMAGINABLE

MEDICAL HISTORY:

1. Are you in good health?  YES  NO
2. When was your last routine physical? \_\_\_\_\_
3. Are you being treated for anything other than your current condition?

If yes, explain: \_\_\_\_\_

Please list any operation and hospitalizations you have had and dates they occurred:

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_

Please List any trauma or accidents you have had and the dates they occurred:

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_

IN THE FOLLOWING QUESTIONS PLEASE **CIRCLE YES OR NO**, WHICH EVER APPLIES.

6. Have you had any serious illness or operations?-----yes---no

7. If so what was the problem?\_\_\_\_\_

- 8. Do you have any of the following problems or diseases?
  - a. Damaged heart valves or artificial heart valves including heart murmur-yes--no
  - b. congenital heart problems-----yes--no
  - c. cardiovascular disease (heart trouble, attack, artery blockage, high blood pressure, arteriosclerosis, stroke?-----yes--no
    - 1. Do you have chest pain with exertion?-----yes--no
    - 2. Are you ever short of breath after mild exertion?-----yes--no
    - 3. Do your ankles swell?-----yes--no
    - 4. Do you get short of breath when you lie down?-----yes--no
    - 5. Do you require an extra pillow to sleep?-----yes--no
    - 6. Do you have a cardiac pacemaker?-----yes--no
  - d. Allergies?-----yes--no
    - 1. Sinus trouble-----yes--no
    - 2. Asthma or hay fever?-----yes--no
    - 3. Hives or skin rash?-----yes--no
  - e. Fainting spells or seizures?-----yes--no
  - f. Diabetes?-----yes--no
    - 1. Do you have to urinate (pass water) more that 6 times a day?-----yes--no
    - 2. Are you thirsty much of the time?-----yes--no
    - 3. Does your mouth frequently become dry?-----yes--no
  - g. Hepatitis, jaundice or liver disease?-- -----yes--no
  - h. Arthritis?-----yes--no
  - i. Inflammatory rheumatism (painful swollen joints)?-----yes--no
  - j. Stomach ulcers?-----yes--no
  - k. Kidney trouble?-----yes--no
  - l. Tuberculosis?-----yes--no
  - j. Do you have persistent cough or cough up blood?-----yes--no
  - k. Low blood pressure?-----yes--no
  - l. venereal disease?-----yes--no
  - m. Herpes virus (periodic sores)?-----yes--no
  - n. Epilepsy?-----yes--no
  - o. Cancer?-----yes--no
  - p. AIDS or other immunosuppressive disorders?-----yes--no
  - q. Other\_\_\_\_\_

9. Have you had any abnormal bleeding with previous extractions, surgery or trauma?---yes--no

- a. Do you bruise easily?-----yes--no
- b. have you had blood transfusions?-----yes--no

If so please explain reason\_\_\_\_\_

10. Do you have any blood disorders such as anemia?-----yes--no

11. Have you had any surgery, X-rays or drug treatment for your head and neck area?--yes--no

12. Are you taking any drug or medicine?-----yes--no

PLEASE LIST ANY MEDICATION YOU ARE TAKING:

NAME	DOSE	# TAKEN
1. _____		
2. _____		
3. _____		
4. _____		

PLEASE LIST ANY OTHER DRUGS YOU HAVE USED IN THE PAST FIVE YEARS FOR YOUR SYMPTOMS:

- 1. \_\_\_\_\_ 3. \_\_\_\_\_
- 2. \_\_\_\_\_ 4. \_\_\_\_\_

13. Please name any other medications not listed on the last page: (please list name and dose)

- a. Antibiotics or sulfa drugs: \_\_\_\_\_ g. Aspirin: \_\_\_\_\_
- b. Anticoagulants (blood thinners) \_\_\_\_\_ h. Insulin, tolbutamide or similar \_\_\_\_\_
- c. High blood pressure medicine \_\_\_\_\_ i. Cortisone (steroids) \_\_\_\_\_
- d. Digitalis or heart trouble meds \_\_\_\_\_ j. Nitroglycerine \_\_\_\_\_
- e. Tranquilizers: \_\_\_\_\_ k. Oral Contraceptives \_\_\_\_\_
- f. Antihistamines: \_\_\_\_\_ l. Other \_\_\_\_\_

14. Are you **allergic** or have you reacted adversely to:

- a. Local anesthetics (Novocain or others)--yes--no e. Penicillin or other antibiotics--yes--no
- b. Sulfa drugs-----yes--no f. Barbiturates or sedatives-----yes--no
- c. Sleeping pills-----yes--no g. Aspirin, or Motrin-----yes--no
- d. iodine-----yes--no h. Codeine or other narcotics-----yes--no

Others not listed \_\_\_\_\_  
15. Have you had any serious trouble associated with any dental treatments? \_\_\_\_\_

18 Are you wearing any removable dental appliances or dentures?-----yes--no

**WOMEN**

- 19. Are you pregnant?-----yes--no
- 20. Are you nursing?-----yes--no

- - - - -

**DO YOU HAVE?**

	YES	NO
Swollen, stiff or painful joints .....	_____	_____
Generalized aches and pains .....	_____	_____
Multiple tender spots .....	_____	_____
Numbness In hands, fingers, or scalp .....	_____	_____
Cold hands or feet .....	_____	_____
Frequent muscle soreness .....	_____	_____
Tiredness and constant fatigue .....	_____	_____
Leg cramps at night or when walking .....	_____	_____
Nails that break easily .....	_____	_____
Dry skin .....	_____	_____
Intolerance to cold weather .....	_____	_____
Constipation .....	_____	_____

DO YOU:

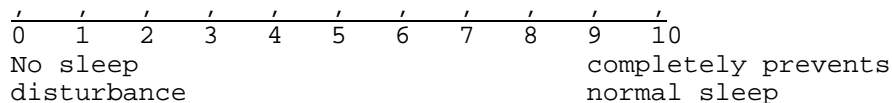
	YES	NO
Have a stressful situation at work? .....	_____	_____
Have a stressful situation at home? .....	_____	_____
Have a decreased appetite? .....	_____	_____
Feel low in energy or slowed down? .....	_____	_____
Consider yourself to be a perfectionist? .....	_____	_____
Feel little interest in doing things? .....	_____	_____
Feel lonely even with people? .....	_____	_____
Feel hopeless about the future? .....	_____	_____
Have a decreased desire for social activities? .....	_____	_____
Have a loss of sexual interest or pleasure? .....	_____	_____
See or have ever seen a Psychiatrist, Psychologist, or social worker? .....	_____	_____
If yes, please explain: _____		

SLEEPING HABITS:

DO YOU:

	YES	NO
Have a morning headache? .....	_____	_____
Sleep well at night? .....	_____	_____
Have trouble falling asleep? .....	_____	_____
Take medication/alcohol to fall asleep? .....	_____	_____
Wake up during the night? .....	_____	_____
Snore while sleeping? .....	_____	_____
	YES	NO
Mouth breath while sleeping? .....	_____	_____
Gasp for air in you sleep? .....	_____	_____
Clench your teeth at night? .....	_____	_____
Thrash you legs in your sleep? .....	_____	_____
Feel exhausted upon arising ? .....	_____	_____
Wake up too early in the morning? .....	_____	_____
Have stiff muscles in the morning? .....	_____	_____
	YES	NO
Feel rested upon arising? .....	_____	_____
Have difficulty staying awake during the day? .....	_____	_____
Read or watch TV in bed? .....	_____	_____
Use two pillows? .....	_____	_____
Sleep on your stomach? .....	_____	_____

PLEASE NOTE HOW MUCH YOU "CHIEF COMPLAINT" DISTURBS YOUR SLEEP BY CIRCLING THE NUMBER ON THE DIAGRAM:



LIFESTYLE:

Please answer each question with one mark on the line. What is your usual level?

Activity	<hr/>				
	Lie in bed all day	Rest half the day	Rest few times a day	Active all day	
Exercise	<hr/>				
	None	very little	work around the house	moderate	regular
Social activity	<hr/>				
	None	Very little	Moderate	Very active	
Eating	<hr/>				
	Do not eat	Poor appetite eat lightly	Mostly snack	Eat well	
Caffeine Beverages	<hr/>				
	None	1-2 daily	3-4 daily	Over 6 daily	Not aware
Take vitamins	<hr/>				
	None	Occasionally	Daily	Use megadoses	
Alcoholic beverages	<hr/>				
	None	On occasion	1-2 daily	3-4 daily	More than 4 daily
Smoke tobacco	<hr/>				
	None	on occasion	Less than 1 pack/day	More than 1 pack/day	
Recreational drugs	<hr/>				
	None	On occasion	once per day	More than once per day	

IF YOU ARE TREATED FOR YOUR PROBLEM, WHAT ARE YOUR EXPECTATIONS REGARDING THE OUTCOME OF TREATMENT:

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**CONSENT FOR USE AND DISCLOSURE OF HEALTH INFORMATION**

**Purpose of Consent:** By signing this form, you will consent to our use and disclosure of your protected health information to carry out treatment, payment activities, and healthcare operations.

**CONSENT FOR TREATMENT & TO RELEASE MEDICAL INFORMATION  
& AUTHORIZATION FOR INSURANCE CLAIMS CONSENT FOR TREATMENT**

- 1. I hereby and voluntary consent to such procedures, including diagnostic and treatment, as may be deemed necessary by Dr. Lockerman and his associates.
- 2. I acknowledge that no guarantees have been made to me as a result that may be obtained.
- 3. I understand that I have the right to question, discuss or refuse any or all tests and/or treatment.
- 4. This form has been explained to me and I understand its contents.

**CONSENT TO RELEASE MEDICAL/DENTAL INFORMATION AND AUTHORIZATION TO PAY INSURANCE BENEFITS**

- 1. I authorize the release of any medical information necessary to process my insurance claims and necessary information for billing statements.
- 2. I authorize the release of my name to identify work sent to medical and dental laboratories.
- 3. I authorize and request payment directly to Dr. Larry Lockerman, of medical/dental benefits otherwise payable to me. They will not exceed Dr. Lockerman's regular charges.
- 4. I understand that I am financially responsible to Dr. Lockerman for any deductible, co-insurance or non-covered services.
- 5. I agree this authorization will cover all medical/dental services rendered until such authorization is revoked by me by written notification.
- 6. I authorize the use of the contents of my records for educational purposes or for research activities provided that my identity is *not* revealed in conducting the study.
- 7. *I authorize an appointment conformation message being left on my answering machine or at my phone number*
- 8. I agree that a photocopy of this form may be used in lieu of the original.

**Notice of Privacy Practices:** You have the right to read our Notice of Privacy Practices before you decide whether to sign this Consent. Our Notice provides a description of our treatment, payment activities, and healthcare operations, of the uses and disclosures we may make of your protected health information, and of other important matters about your protected health information. A copy of our full notice is available at our office.

We reserve the right to change our privacy practices as described in our Notice of Privacy Practices. If we change our privacy practices, we will issue a revised Notice of Privacy Practices, which will contain the changes. Those changes may apply to any of your protected health information that we maintain.

**Right to Revoke:** You will have the right to revoke this Consent at any time by giving us written notice of your revocation submitted to the Contact Person listed above. Please understand that revocation of this Consent will *not* affect any action we took in reliance on this Consent before we received your revocation, and that we may decline to treat you or to continue treating you if you revoke this Consent.

**I have had full opportunity to read and consider the contents of this Consent form and your Notice of Privacy Practices. I understand that, by signing this Consent form, I am giving my consent to your use and disclosure of my protected health information to carry out treatment, payment activities and health care operations.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If this Consent is signed by a personal representative on behalf of the patient, complete the following:

Personal Representative's Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

COMPLETE THIS SECTION ONLY IF YOU SYMPTOMS ARE ACCIDENT or WORK RELATED

ACCIDENTAL INJURY QUESTIONNAIRE

Name: \_\_\_\_\_

Injury was the result of:        Motor vehicle Accident  
   Occupational injury/workers comp.  
   Accidental injury

Date of accident: \_\_\_\_\_

How did the accident occur? \_\_\_\_\_  
\_\_\_\_\_

Describe your injuries: \_\_\_\_\_  
\_\_\_\_\_

When did the symptoms first appear? \_\_\_\_\_

Have you ever had these symptoms before? \_\_\_\_\_ If yes when? \_\_\_\_\_

Were you hospitalized as a result of the accident? \_\_\_\_\_ If yes

Hospital name: \_\_\_\_\_ City/Town: \_\_\_\_\_

Date Admitted: \_\_\_\_\_ Date discharged: \_\_\_\_\_

Were you treated in the Emergency Room? \_\_\_\_\_ If yes, describe treatment: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you been disabled (unable to work) because of these injuries? \_\_\_\_\_. if yes, date disability began: \_\_\_\_\_. Date returned to work: \_\_\_\_\_.

List any job activity which you can not perform due to you present conditon: \_\_\_\_\_

YOUR ATTORNEY'S NAME AND ADDRESS

NAME: \_\_\_\_\_ PHONE ( \_\_\_\_\_ ) \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

Motor vehicle or worker's compensation insurance information:

Carrier: \_\_\_\_\_ Policy # \_\_\_\_\_ Claim# \_\_\_\_\_

Claim examiner or contact person: \_\_\_\_\_